powers of that gland and assist man in learning the lessons pertaining to the World of Life Spirit. The tone of Neptune, ruler of the pineal gland, will gradually awaken and develop the potential spiritual powers of that gland and assist man in mastering the lessons pertaining to the World of Divine Spirit.

## CHAPTER XII

#### MUSIC AS A BUILDING POWER

In the evolutionary progress of humanity there are four distinct classes of people at the present time, namely: the failures, those who have definitely lost out in the present scheme and will have to go back to the beginning (another Saturn Period) and commence all over again; the stragglers, who, if they work hard enough, have a chance to catch up and go on in our present scheme of evolution; the masses, who are slowly learning their lessons and will without doubt make the grade; and the pioneers, who have forged ahead and consequently are in the vanguard of evolution. The last group are becoming teachers and leaders of humanity. Chief among them are the lay brothers, adepts, and Elder Brothers composing the members of the seven Lesser Mystery Schools and the five Greater Ones which exist on earth today.

In the far off past man's principal lessons were related to body building, including the physical, vital, and desire bodies, and while doing this work he was directed and assisted by the eleven creative Hierarchical life waves preceding his own and the most advanced belonging to it also. From the Saturn Period until the Lemurian Epoch of the Earth Period man was hermaphrodite and able to produce bodies through the dual power of his own creative force, namely, his activity germinating power. He was mindless and therefore did his work automatically, the Spirit being entirely outside of its vehicles. A record of all work done was, however, faithfully recorded on the separate seed atoms of his three vehicles-desire, vital, and dense bodies, which he then possessed. There were only three seed atoms, one for each of his three vehicles, until the germ of mind was given which then made four vehicles and four seed atoms. All bodies are built by means of the power incorporated within its own particular seed atom which is a minute, invisible, singing particle of spirit substance, and is the exclusive property of the one to whom it was given.

When the members of our life wave had progressed far enough to be ready for the next step in evolution, there was a separation of the positive and negative powers of the activity germinating force in each one, half of which force was turned upward to build a brain and larynx, and man then ceased to have the power to produce new bodies without the aid of another human being. In half of the life wave the positive life force was directed upward, and in the other half the negative force was turned upward. Those in which the positive force was turned upward became known as females, and those in which the negative force was turned upward were termed males. As a result woman is positive on the mental plane (Concrete Thought), and man is negative.

while woman is negative on the physical plane and man is positive.

One of the reasons for building a brain and larynx was that humanity was about to be given the germ of mind and needed a physical vehicle with which to connect it with the physical world, which the Spirit had not been able to contact hitherto except in a dreamlike sort of consciousness. Another reason was that ultimately the other power of the Spirit's activity generating force was also to be lifted to the head and the present organs of generation were to atrophy and gradually become extinct. The Spirit would then reproduce its dense vehicle through the power of thought and the spoken word, using the brain and larynx as its instruments.

The Spirit, guided and directed by the Angels, built the brain and the larynx by the power of love. The keynote of man is B major (5 sharps). The keynote of the angels is A major (3 sharps), and the keynote of the Lords of Mind (Sagittarius), who radiated the germ of mind from themselves into us, is F major (1 flat). Therefore these keynotes, their chords, and any music written in the scale belonging to the keynote of F major, B major, and A major will assist in developing the powers of the mind and the brain so that they can express the things the Spirit wishes to objectify in the physical world. The Lords of Mind (Sagittarius), keynote F major (1 flat), chords and song, Nearer my God to Thee:

A F	G	A	Bb F	A	G	A
C	C	•	D	F C	C	F C
Fch.	C ch.	F ch.	Bb ch.	C ch.	C7th el	h. Fch.

Angelic life wave, keynote A major (3 sharps), chords and song, The Home Over There:

Humanity keynote B major (5 sharps), chords and song, Star-spangled Banner;

Any music written in B major (5 sharps) is as yet hard to find. Examples of music written in A major (3 sharps, Angelic life wave key) are: Will There Be Any Stars in My Crown?, O Think of a Home Over There, and O Come All Ye Faithful.

It was intended by the Creative Hierarchies that when man's brain was completed the Lords of Mercury, Elder Brothers of our present humanity who excelled in intelligence, should teach mankind how to use the brain as a vehicle of the mind; but this plan was frustrated by the Lucifer Spirits, who were stragglers of the Angelic life wave. These Mars beings gained access to man's brain through the medium of the spinal cord, which they, being etheric, actually entered; and now they rule the left brain hemisphere.

That part of the Angelic life wave that kept up

with its work in evolution in the Moon Period developed the power to reason and gain knowledge without the use of a brain; but the stragglers of the Angelic life wave, having rebelled against Jehovah's evolutionary plan, did not develop this power. In the Earth Period conditions had changed; in order to evolve the power of reason and gain knowledge, a brain was needed to connect the Lucifers with the activities of the physical world in order to evolve this power in them. Accordingly, as soon as humanity developed a brain the Lucifers entering mankind's spinal canal and thereby gaining access to his brain (which connected him with the physical world) called his attention to his physical body, of which he had not hitherto been aware, and also to the physical world around about him, in which he was now to gain knowledge in order to continue his development. This they did in order that they might profit by it themselves, for having connected up with man's brain they were then able to gain knowledge as man acquired it and evolve thereby.

Mars works with the solar forces and his rays act directly upon the third power of mankind, which is activity. These rays, being positive, develop a strong constitution, physical endurance, energy, courage, and self-reliance. One of the manifestations of activity is germination—a life force—and into this force the Martians instilled intense desire and passion, which in turn aroused these emotions in mankind. This they also did for a selfish purpose. The Lucifer Spirits revel in the intensity of feeling and evolve by it. The nature of the desire or emotion is not of importance to them, but the intensity is. Therefore they stir up the human passions of the lower nature, which are more intense

in our present stage of evolution than are our feelings of joy or love.

According to the foregoing it will be noted that the Lucifers gained connection with humanity for two principal reasons, namely: that they might gain contact with his brain and glean knowledge through his experiences in the physical world, and that they might induce strong passion in him and further evolve by the *intensity* of feeling that it aroused.

## CHAPTER XIII

### THE BRAIN, MAN'S PHYSICAL WORKSHOP

THE brain is divided into three main primary divisions, namely, the cerebrum (large upper brain, the cerebellum (small middle brain), and the medulla oblongata (small lower brain).

The cerebrum is used by the Spirit to express physical consciousness and direct thought. It is the instrument used by the Spirit to express its highest

power on the physical plane-the will.

The cerebellum is the part of the brain which the Spirit uses to bring about coordination in relation to the movements of the body, combining the separate nerve activities into balanced harmonious action through the binding power of cohesion. The cerebellum is correlated to the second aspect of man, the wisdom-love power.

The medulla oblongata is that part of the brain used by the Spirit to control the heartbeat, the contraction of the blood vessels, and breathing. Without this brain activity, the processes of physical life could not go on. The medulla oblongata is therefore connected with the third power of man, his activity manifestation.

The brain is permeated by vital body substance, desire body substance, and by abstract and concrete thought substance. It is therefore the particular physical workshop of the Spirit with its own special material and that of all its various vehicles cenveniently assembled and ready for use. Impressions made by the outer world reach the Spirit through one or more of the five physical senses, by means of the channel of the vital body.

The Spirit, the real man, is the thinker. The process of thinking is as follows: The will arouses the imagination, and it visualizes an idea composed of abstract thought substance permeating the brain; this abstract thought idea is then projected by the power of the will on the mind lens, which transfers the idea to the concrete thought substance contained in that part of man's mental body permeating the brain. Here the idea becomes clothed in concrete thought substance and is now a thought form. The thought form thus created is projected into the Desire World substance permeating the brain. This Desire World substance, being correlated to activity, gives the thought form power to act, which usually results in some sort of manifestation.

In the study of thought and the mind let us remember that thought is a power of the Spirit, and the mental body or mind composed of concrete thought substance, is the vehicle that connects the Spirit with its etheric and physical brain. The mental body is attuned to F major or one flat, and

its scale begins with F. The vital body is attuned to C natural, and its scale begins with C. The physical body is attuned to A# (Bb) major which has two flats. Therefore all music written in these three keys has a decided effect on the mind, the vital body brain, and the physical body brain, all of which are intimately connected with the Spirit and the development of its potential powers, namely, the will (Divine Spirit power), wisdom-love (Life Spirit power), and activity germination (Human Spirit power).

Thought is correlated to will, the first power of the Spirit. It expresses itself first as an idea which has not yet taken shape. Then the second power of the Spirit, love, attracts to the idea concrete thought substance and we have a thought form. A thought form may be purely mental—that is, if it is untinged with desire. However, in our present stage of evolution very few thoughts are free from some degree of desire.

The World of Thought is the realm of music and the home of the Sagittarian life wave, the Lords of Mind; consequently it would be quite impossible to produce a thought form apart from music. When the thought form becomes clothed in desire substance, color is added, as the Desire World is the realm of volor.

To summarize thought form building:

The Spirit arouses its will. The power of the will produces a radiating, musical vibration which manifests as sound. Sound produces an idea. The idea takes shape, and a thought form comes into being The thought form is colored by desire substance. A colored floating form is produced. Thoughts are not

silent. They speak in a language which is unmistakable and conveys far more accurately than words can what is their intent, until the force which their originator expended to bring them into being has been spent. As they sing in a key peculiar to the person who gave them birth, it is a comparatively easy matter for the trained occultist to trace them to their source—the originator.

Thought forms lack spontaneity; they act more r less like automatons. They move and act in one direction only, according to the will of the thinker, which is the motive power within them.

No one who has not made a study of it can guess how many people are activated by thought forms which they think are their own, but which as a matter of fact originated in the mind of someone else. It is in this way that that which we call public opinion is formed. Strong thinkers who have certain definite ideas about some particular thing create and radiate thought forms from themselves, and others less positive or not antagonistic to the idea expressed in those wandering thought forms catch them up and think that the thoughts originated within themselves. Thus gradually a certain sentiment grows until the thought originally started by a single individual may become not only accepted, but advocated by an entire community, state, or even a nation. Thoughts expressed in spoken words become all the more powerful, particularly if uttered by a forceful speaker,

Thought forms decrease in power in proportion to the distance traveled by them. The distance traveled, and the persistency to become effective depend upon the strength, definiteness, and clearness of the original thought.

Generally speaking, thought forms may be grouped in three specific classes: (1) A thought form may be a likeness of the thinker. This often happens, A person may long intensely to be in a certain place. and as a result the thought takes shape and travels to that very spot. Many untrained clairvoyants have seen such thought forms of friends or relatives and not knowing the nature of what they saw have been greatly troubled by them. The trained clairvovant recognizes them at once. (2) The thought form that takes the shape of some material object. For instance, a person may think of a favorite book, and immediately that book, as he recalls it, appears in his aura as the thought form of a book; or it may be a favorite flower, or even a friend. The architect builds a thought form of the house he wishes to construct, the artist builds a thought form of the picture he wishes to paint; the writer builds thought forms of the



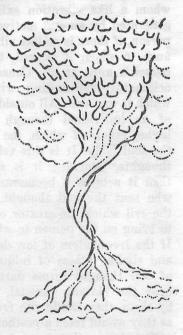
Thought form built by envy and greed

characters, scenery, et cetera, which he wishes to use in his book. Remember that it is the individual's will that originates thought forms, and these thought forms have a vertain amount of will incorporated in them. Frequently after they are created they keep forcing themselves into the thinker's consciousness, often to the extent of becoming quite annoying, par-

ticularly if the thinker has changed his ideas on the particular subject they represent.

The only way to get rid of such unwelcome thoughts is through indifference. If one tries to fight them, the

added force sent out will keep them alive and tend to bring them to mind more often. (3) Thoughts that take a form entirely their own which expresses their inherent nature. Thought forms of hate take on hideous menacing shapes: anger forms sharp, pointed figures: avarice and envy form masses of substance from which hook-like projections reach out as if to lav hold on the coveted object and draw it within: love manifests as rosy clouds; devotion as beautiful obshading from iects



Prayer, and the response from above

light blue almost to white; prayer forms a funnel-shaped figure reaching upward into space. All of these thought forms appear to be filled with life and vibrate at an intensely high rate. Of course, they all have color and tone.

Thought forms directed toward an individual produce a most interesting result. Either they find en-

trance into the aura of the individual, or else they rebound from that person's aura and return to the sender. Every thought form carries a particular rate of vibration, and can only affect an individual in whom a like vibration exists. It a thought form is generated by an evil motive and sent to some certain person, if there is no like vibration within the person's aura to whom it is sent, then it cannot affect that person's aura at all. Consequently it returns to its originator, rebounding with the same force with which it was sent. All outside impacts reach the Spirit of an individual through the vital body, the two higher ethers of which, the light and reflecting, form the soul body. It is this vehicle which repels all evil thoughts, provided it is sufficiently organized, for then it acts as a boomerang and recoils to the one who sent the evil thought, bringing to him or her the evil which the creator of the evil thought desired to bring on the person to whom the thought was sent. If the frequenters of low dance halls, gambling dens, and similar places of iniquity could see the swarms of evil thought forms darting hither and yon, and hear the blatant, sensual, suggestive tones emitted by them, they would flee from such places as quickly as they would from a pesthouse, or a building infected with bubonic plague; and well they might, for such demoralizing vibrations serve no purpose but to instigate evil and to strengthen it wherever it already exists.

# CHAPTER XIV

#### DEVELOPING THE EFFICIENCY OF THE MIND AND BRAIN

INFORTUNATELY at the present time none of us is altogether good, and we cannot hide from ourselves the fact that ofttimes the good we would do, we do not, and the evil acts we should shun, we often do. Far too often our good resolutions are not carried out, and we do wrong because it seems the easiest or most enjoyable thing to do; all of which points out the fact that we are all activated to some extent by the lower self; this opens up the way for evil thoughts to reach us and try out their influence.

The great point to be remembered here is that every act, either good or evil, is directed by thought. Therefore each individual is assisting the work carried on either by the good or the evil forces. It behooves us consequently to keep a constant guard over our thoughts, for if they are righteous, our acts will

always be directed toward good.

There are four ways in which the mind, directed by the Spirit, uses the brain as a vehicle of thought expression, namely: (1) thought is thrown against the desire body to impel action; (2) thought is impressed on the brain by means of the blood, through the agency of the reflecting ether; (3) the superconscious memory, which is inherent in the life spirit, is able to impress itself directly upon the reflecting ether of the vital body without the necessity of clothing itself in desire substance; (4) the life spirit can flash its message directly to the heart, which instantaneously flashes it on to the brain by way of the

pneumogastric nerve.

The brain is built of practically the same substances as are the other parts of the body with the addition of phosphorus, which is peculiar to the brain alone. The proportion and variation of this substance is found to correspond to the state and stage of the intelligence of the individual. Hence it is of great importance that the individual supply his brain with this necessary substance. Most vegetables and fruits contain a certain amount of phosphorus, and it is found in considerable quantities in grapes, onions, sage, beans, cloves, pineapples, and in the leaves and stalks of beets, carrots, linseed (stalks), and parsnip leaves. The method of acquiring phosphorus in large quantity, however, is not by chemical metabolism, but by an alchemical process of soul growth.

The phosphorus in the brain is the avenue of ingress of the divine impulse. Literally it is the light bearer, but not the light itself; that comes from the Spirit. Consequently, in the measure that we become capable of assimilating that substance (phosphorus) we become filled with light and begin to shine from within. Note, however, that phosphorus is only a physical medium which enables the spiritual light to express through the physical brain. The light itself is the product of the Spirit, and is increased by soul growth which enables the brain to assimilate an increasing amount of phosphorus. Soul growth is accomplished by loving self-forgetting service to others. The Bible states that "Everyone that doeth evil hateth the light (which will reveal it), neither cometh to the light. lest his deeds should be reproved (by an enlightened conscience). But he that doeth truth cometh to the

light, that his deeds may be made manifest, that they are wrought of God."

Next let us note how the mind, which is the link between the Spirit and the brain, may be improved. (1) Concentration is one of the great helps, for by this exercise the mind becomes one pointed; (2) studies in abstract thought such as mathematics; the study of periods, rounds, and revolutions in relation to the earth's evolution. These free the mind from the influence of the desire body; (3) by preserving the fluidic state of adaptability; in other words, main-

taining an open mind, so that it may not become crystallized in one line of thought, but may be ever ready to investigate new ideas; (4) study of religion, which emancipates the mind from the influence of desire, for it is of the utmost importance that we have only the right kind of thoughts in our mind. Thoughts of like character will be attracted to

Thought form made by a blessing

us by the thoughts already in our mind, and if our mind is centered on spiritual things, like will attract like, and our spiritual thoughts will not only grow and increase, but they will become a power in the world for good.

Powerful thought forms, be they good or evil, very often become ensouled by elementals which by their nature attract good or evil to us, thereby having a really great effect on our well-being. In music the major keys express joy, gladness, hope, cheerfulness, aspiration. et cetera; while the minor keys produce

a wail of sorrow, a moan of grief, a sigh of depression, et cetera. Naturally, elementals bright and joyous are attracted to the good thought forms, which are always symmetrical and cheerful in coloring, while the low vibrating elementals are attracted to dull, gloomy thought forms repugnant in shape and murky in color. Then right within our aura they sound their individual keynotes, filling our immediate atmosphere either with brightness and joy, or else with gloom, fear, viciousness, et cetera, as the case may be. What is more, elementals throw out an odor that is all their own. The major keved elementals exude certain perfumes like those given off by sweet-smelling flowers. The minor keved ones throw off a depressing, debilitating sort of odor similar to that of skunkweed, and some of them smell almost as bad as decaying bodies. The time has come when many of these thought forms are seen in people's auras, and plenty of them have been smelled

Here is a fact well worth knowing. Thought forms are kept alive and strengthened by a repetition of the same thoughts which originally built them. If the thoughts are not repeated, the forms gradually disintegrate and the elementals ensouling them go elsewhere to set up housekeeping. Therefore we have it in our power to get rid of both the thought forms and the elementals that we do not wish to have about us.

Fear, worry, gloom, grouches, displays of temper, et cetera, can so fill an aura with disagreeable sights and smells that one can become a public nuisance. In the light of the foregoing it is easy to understand why the presence of some people buoys us up, while others have a depressing effect on those who contact them.

We must not get the idea that all thought forms vibrating to either major or minor tones are ensouled by elementals, but some of them most certainly are and when an elemental ensouls a thought form, if its own vibration is cheerful, joyous, vibrant, it ensouls a thought form vibrating to a major tone. But if its vibration is gloomy, morose, sad, depressed, it is attracted to thought forms vibrating to a minor key. All of which is in harmony with the cosmic law of like attracting like.

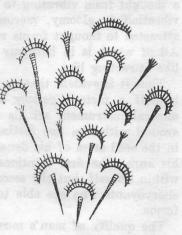
Thus it is evident that every individual has within himself a picture gallery and a most complicated musical instrument all his own. In fact he carries around with him two distinct picture galleries: one in the seed atom of his dense body, and the other in his aura. The first mentioned he is able to conceal within himself, but the second is in full view of all clairvoyants who are able to see auras and thought forms.

The quality of man's musical instrument depends on his stage of development. Elementals, as we have seen, respond to only one tone, either major or minor. Man, on the other hand, has become able to respond to seven distinct tones as represented by the seven tones of the musical scale, i.e., C, D, E, F, G, A, B, and many of their variations both in major and minor scales.

The aura, we know, is composed of the vital, desire, and mental bodies. Each aura has a basic color. Max Heindel states that the basic color of the American (white race) is orange. The color, however, continually varies according to man's emotions.

For instance, take a belligerent individual endeavoring to incite a strike in a labor organization. Naturally he is very much excited himself, and though the basic color of his aura is deep orange, this color for the time being will be almost obliterated by scarlet of the brightest hue. The contour of his desire body will be like the body of a porcupine with its quills striking out in all directions, ready for battle.

Thoughts of fear and worry in the aura turn it to a steel grav color. Those who have such auras are called steel men or women. They are fearful of a thousand things that never happen, crystallizing an armor around themselves which appears to protect them from outside interference. but which in reality actually encloses all of their own disturbing thought forms within



Startled thought form caused by fear

their own aura, there to be fed and enlivened by each like thought generated by them, Such auras are tuned to a minor key that sounds much like a dirge which can be sensed by sensitive people and often requires some time for them to throw off the feeling of depression which it generates.

So strong is this saturnine auric barrier that it seems to require a decided shock to break it up, sometimes even running to the necessity of taking such persons out of their old environment and placing them in an entirely new one. These people seem to have drawn into a shell, so to speak, and their saturnine

shell must be broken before it is possible to get close enough to them to get them out of their pitiable state.

Sometimes a sudden fright forms this shell instantaneously, as often happens during terrific battles. Then the victim is called shell shocked, the truth being, in most cases, that the sudden terrific fear suffered by the victim shocked certain of his nerves out of their power of coordination necessary for clear thinking, leaving the poor victim as unable to help himself as he would be to escape were he securely locked in a prison cell. There are times when another severe shock will break the shell and restore order and harmonious rhythm in the disarranged nervous system. Again, time has been known to make the necessary adjustment.

Every time thoughts of worry and fear are indulged in they lower the vibration of all the vehicles of the individual and this lowered vibration tends to congeal the currents of the desire body and build this steel blue shell in which the person who habitually fosters fear and worry will some time find himself, shut off from love, sympathy, and the help of all the world. We ought therefore to strive to be cheerful even under adverse circumstances lest we find ourselves in this serious condition.

We may note from the foregoing that there are different degrees to which this shell encasement may crystallize and corresponding relief be given; but the only positive safety lies in never allowing it to get started. The effect of fear and worry on the desire body is different from all other emotions. Ordinarily emotion tends to excite the desire body and form its currents into some particular pattern or shape which persists until the emotion subsides. The effect

of worry on the desire body may be likened to water which is about to congeal under a lowering temperature. Fear may be likened to this same water when it has frozen, for the currents of the desire body are almost motionless and it seems practically impossible to arouse any other emotional activity in them. There is nothing so effective as cheerful music to raise the vibration of fear and worry victims, and it requires an accelerated vibration to dissolve their self-made steel shell. No individual can long remain gloomy when his whole being is flooded with inspiring music.

Another kind of thought forms, frightful to behold, is created by anger, hate, rage, fury, wrath, et cetera. These thought forms produce lurid red currents in the desire body filled with jagged daggerlike objects which writhe and twist, and finally explode in the aura, filling it with whirling forms of a dark, murky red color. Anger raises the vibration of the desire body without that vehicle having control of itself, causing a temporary break between the Ego and the mind on one side, and the desire, vital, and physical bodies on the other.

All kinds of martial music are dominated by rhythm and tend to excite the desire body into erratic activity. Music in which melody and harmony predominate are best suited to quiet the desire body when it is being activated by evil incentives and restore it to normalcy.

Evil thought forms in the aura have a centrifugal motion. Good thought forms have a centripetal movement. Both good and bad thought forms are usually keyed to major tones except those of gloom, depression, fear, worry, grief, et cetera, all of which are minor in expression.

As the thought forms of each individual are keyed

to his or her particular keynote, the time is coming when we shall all be able to trace every thought form which we contact to its originator by means of its own specific tone. Then truly, as the Bible states, the things which we think are hidden shall be proclaimed not from the housetops, but from our own individual aura.

#### CHAPTER XV

# MAN'S VEHICLES, A COMPOSITE MUSICAL INSTRUMENT

THOUGHT belongs to the highest power of the L Spirit, which is will. Therefore as the potential powers of the will develop, so does thought power; and the time is coming when man will be able by means of thought power and imagination to speak things into existence. All things in nature have been spoken into existence by means of the Word of God which was made flesh, Sound (music), or spoken thought, will be humanity's next force in manifestation, a force that will make mankind creative God men. But this step in advancement cannot be taken until man's development in life's school has fitted him to use this enormous power for the good of all. regardless of self-interest. Therefore it is most necessarv that each individual learn for himself how to accomplish this development in the quickest, safest way. The method has been made known to man. but it depends on the individual whether he or she puts it into practice.

The potential powers of man, the Spirit, are will, the power to do, to instigate action, wisdom-love, the power of attraction, cohesion, and binding together, activity, the power of germination, creation, and development. One of the greatest aids in assisting the Spirit in developing its potential powers into dynamic efficiency is music, for it manifests these same powers of God in a perfected state. His will power is expressed in melody, His wisdom-love power is expressed in harmony, and His activity power is expressed in rhythm.

Man's divine spirit power is correlated to will; and the development of this power means the development of his will. Man's life spirit is correlated to wisdom-love, and the development of this power means the development of his wisdom-love potentialities. Man's human spirit power develops his ability to create. Man's divine spirit power or will is correlated to his physical body, his life spirit power is correlated to his vital body, and his human spirit power is correlated to his desire body. This makes three direct sources from which the Spirit derives assistance in the development of its potential powers.

There is no greater aid in the development of the Spirit's potential powers than music, for it is composed of the three parts which correlate it to the Spirit's potentialities. Good music raises the vibration of each of the Spirit's sources of development, namely, the divine spirit, the life spirit, the human spirit, and the link of mind which connects the Spirit with its physical, vital, and desire bodies. The raising of the vibration of these seven sources of power develops the powers of the Spirit. But discordant, so-called music lowers their vibration, a continuation of which

will result in loss of power and disintegration of the four lower vehicles.

The following is a summary of why and how music assists in developing the potential powers of the Spirit:

The keynote of the Divine Spirit is A# (Bb) major written in the key of 2 flats, and any music written in this key therefore helps to develop the power of the Divine Spirit by awakening it from a comparative state of dormancy. The chords of this scale are found in Chapter VI. Abide with Me, and Onward Christian Soldiers are two well known hymns written in the key of Bb major.

The keynote of the Life Spirit is G#(Ab) major, and its scale has four flats. Music written in this key helps to develop the powers of the Life Spirit by arousing them into activity. The chords of G#(Ab) major are given in Chapter VI.

this germ carried the vibration keynote A# (Bb) major of that life wave, the dense or physical body of each individual vibrates in unison with the vibration of the Leo life wave. Therefore the keynote of the dense body is A# (Bb) major and all music written in that key helps to develop the dense body of man. The A# (Bb) major chords are found in Chapter VI.

As before stated, the germ of the dense body was given to humanity by the Leo life wave; and as this germ carried the vibration keynote A# major of that life wave, the dense or physical body of each individual vibrates in unison with the vibration of the Leo life wave. Therefore the keynote of the dense body is A# major and all music written in that key helps to develop the dense body of man. The A#

major chords are found in Chapter VI.

The germ of the vital body was given to mankind by the Virgo life wave. Accordingly the vital body vibrates to the keynote of that life wave which is C natural. All music whose keynote is C natural helps to develop the powers of the vital body. The chords of C natural are found in Chapter VI.

The germ of the desire body was a gift from the Libra life wave and carries the Libra vibration which is keyed to D major. Therefore all music written in that key helps to develop the powers of the desire body. The chords of D major are found in Chapter VI.

The germ of the mind was given to humanity by the Sagittarian life wave, and therefore vibrates to their neynote, which is F major. All music written in the key of F major helps to develop the powers of the mind, which development is one of the greatest accomplishments to be attained during the present Aryan Epoch. A great deal of music is written in this key, particularly songs both popular and religious; two of which are Work for the Night Is Coming, and America. The chords of F major are found in Chapter VII.

Music contains within itself the three great primary powers of God, will, wisdom-love, and activity combined; and it is this combined dynamic power that has been used by the Creator from the beginning of manifestation. John, the great revelator, tells us that in the beginning was the Word; and Max Heindel states that it is the majestic rhythm of the Word of God that wrought the primal substance, arche, into the multitudinous forms that comprise the phenomenal world; and moreover, that this Word of God still

sounds, to sustain the marching orbs and impel them onward in their circle paths; and that the Creative Word continues to produce forms of gradually increasing efficiency as a medium for expressing life and consciousness.

It is the harmonious enunciation of consecutive syllables in the Divine Creative Word that marks the successive stages in the development of both the world and man; and when the last syllable has been sounded and the complete Word spoken, mankind will have reached as near perfection as it is possible to do in the present scheme of evolution.

That the whole solar system is one vast musical instrument is a fact now known to all advanced occult students. They further realize that the twelve semitones in the chromatic scale are correlated to the twelve signs of the zodiac and that the seven white keys, or whole tones, on the piano keyboard are correlated to the Seven Spirits before the Throne commonly designated as Mercury, Venus, Earth, Mars, Jupiter, Saturn, and Uranus, who work by means of the vibrations sent out by themselves.

The advanced occultist likens the signs of the zodiac to the sounding board of the cosmic harp, and the seven planets to the strings, which planets emit different sounds as they pass through the various zodiacal signs and therefore influence mankind in diverse ways.

An astonishing fact hitherto unknown and therefore unrealized is that each individual is in himself a musical instrument, the various parts of his entire composition being correlated through vibratory tones to the Seven Spirits before the Throne and the twelve signs of the zodiac, all of which are guided and directed by the Creator of our solar system. It is for this very reason that music has such a tremendous power in the development of man's potentialities. Without it there could be no manifestation and therefore no progress. Here we find the occult reason for the admonition of the illumined Ones, "Man, know thyself;" for as soon as each individual comes into a conscious realization of his own true self, he then has in his possession the key to all future advancement.

When Light unveiled her radiant face,
And wrapped the world in her embrace,
When into space the planets swung—
This song the heavenly choir sung:
"O sacred pulse! O law divine!
All purpose and all power are thine,
For Life goes on forever."