### **NUTRITION AND HEALTH**

# Helper's

### An Invisible

T IS NOT usually permitted, nor is it always expedient, that the Invisible Helpers should tell of their exploits, as it gives an undesirable odor of phenomenonmongering; but there are times when modesty must be set aside to a certain extent for the good of the cause and the following story by Dr. Stuart Leech, M. D., one of our Probationers, illustrates the method used and results gained in one case. We could cite hundreds of similar cases where other organs have been restored to health:

even spines have been straightened and paralyzed limbs made responsive to the will.

In the case reported by Dr. Leech, he does not mention whether the patient felt the manipulations. This is quite frequently the case, for the unseen hands are powerful when materialized inside the patient's body. It also frequently happens that the patient sees the Invisible Helpers at the moment of waking.

The report was originally written for publication in a medical magazine. Dr. Leech does give his orthodox medical *confreres* some, to them, "hard nuts" from time to time; but what if they scoff

Though first-person narratives of the healing work assisted in by invisible helpers are not, as a matter of principle, to be made public, Max Heindel made an exception for the following account, which appeared in the 1915 Rays.

Illustration by Ethelwynne M. Quail for Geoffrey Hodson's Kingdom of the Gods  $A\ Healing\ Angel$ 

While angels and humans (in soul bodies) promote healing, ultimately the healing force comes from the Father.

## Story

today? Yesterday they sneered at ideas which are "strictly scientific" today; and tomorrow they will learn that, to paraphrase Shakespeare, "There are more things twixt heaven and earth than dreamt of in their pathology."

# Clinical Report of a Case

It was during the early days of January 1914 that I had been attending a case of abdominal trouble in a fourteen year old, much emaciated boy. He was dark haired, had brown eyes, large bones and slender

physique with a good amount of intelligence. Four years prior to this present attack he had suffered from a severe attack of appendicitis from which he had apparently recovered. Of late he had been more or less indiscreet in the choice and the amount of his food and on the day before the present attack he had, in lifting hay, suffered some violence by a slip of the foot.

After a day or two of suffering I was sent for and found all the classical symptoms of a pus-forming appendix present. Food was discontinued for eight or ten days, the proverbial ice bag was used judiciously and an occasional enema was employed. Temperature ran along from 99 to 102 degrees and about the seventh or eighth day of his sickness the symptoms became so alarming that I induced the family to permit me to have Dr. North as a

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consultant next morning.

Dr. Unus of the same town had attended the case four years previously and had at that time insisted on an operation. Personally, I had performed quite a few abdominal operations, but it was generally done as a last resort, and now it looked as though there would be another case where I would have to resort to the same procedure. This modus operandi, especially in the midst of an attack, was not to my liking. Being in the neophyte class of the Western Wisdom School, I endeavored to use unusual means in conjunction with the physical means to bring about the recovery of this case, as I do in others. The unusual is the application of natural laws of one or more of the higher worlds.

As a word of explanation, I will say that the Natural Science School of the Rosicrucians informs us of a number of concentric worlds as real, if not more real, than the physical, all interpenetrating each other, occupying the same apace as it were, forming no less than seven dimensions of space, each under a vibratory condition consistent with its harmonious surroundings. Physical science begrudgingly recognizes and hints at the higher vibrations of the invisible ether. Medical science does its best to ignore these higher Worlds, yet she persistently and empirically uses daily the powerful alkaloids. There are a number of wavelengths between the vibration that causes sound and that which causes light. Although unknown to us, but producing things no less powerful, it is so on into the trillion and quintillion of vibrations. Most of these vibrations ignore our dense, physical bodies, vibrating right through them as though they never existed. These vibrations are harmonized into divisions, and nearest to our chemical physical world is the Etheric Region. We might conceive of it as an extension of the physical plane. Being more refined, it is naturally subject to higher and more refined laws.

However, in order to be able to function in this Region, or in the Desire World, an organization of like substance is required. Every man has the framework for this substance concealed in his physical makeup, and there is a certain Word or formula which, if wisely used, will develop this organization. Anatomically speaking, it causes a physiological link or connection to be made between the pitu-

itary and pineal bodies, which respectively govern and harmonize the desire with the physical body. When this chasm is bridged, the higher vibrating soul-body can at will withdraw from the physical body and travel any distance in the Desire World. If you wish to follow no further, you, the reader, can consider the phenomenon a going off into dreamland. But remember, a fact is a stupendous thing and remains whether we like it or not.

The evening before the physical consultation was to take place with Dr. North, Dr. Unus, Dr. North, and myself went off into the Desire World (Dreamland) and met at the bedside of the sick boy without his knowledge or that of his parents, who were eagerly watching him. Naturally, we were invisible to their physical perceptions.

During this consultation in the Desire World, Dr. Unus stepped forward and almost violently seized a portion of the afflicted organ and threw it away. His etheric hand passed right through the boy's physical body. I then stepped up to the bedside and, using both hands, lifted the elbow end of the colon and gently stroked the undesirable, irritating substance away. Dr. North acted as a spectator, and apparently gave his consent. Let it be known that physical substance is no bar to the etheric hand, but it is not unusual for a patient to waken from his slumber as the invisible hand is being withdrawn.

The morning after this consultation in the Unseen World, I called, as I had promised, at Dr. North's office and had him ride with me for the physical consultation which had been agreed upon with the family the previous day. To the great astonishment of the family and to my own gratification, the boy was free from pain, tenderness, fever, and muscular rigidity and from the parents' report his rapid recovery commenced during the night. It is now six months since the occurrence took place and the boy is enjoying the best of health....

It is not to be inferred from the forgoing [Heindel writes] that instantaneous cures are effected in every instance. Such cases are frequent among the large clientele which benefit from our aid, but the great majority require patient perseverance to bring about a cure.

If patients are faithful in writing their weekly letters to Headquarters and obey our instructions regarding diet, they are bound to benefit.

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